



WORKSHOP



Abundance, Health and Harmony are yours for the taking.

EFT – Emotional Freedom Techniques

Astonishing emotional relief leads to profound healings

Applies to all issues including

Weight Loss Addictions/smoking **Anxiety** Depression **Grief** Insomnia
job/businessrelated Issues **Abundance Issues** Headaches **Sports Performance**
Women’s Issues School/Children’s Issues **Public Speaking** ...AND MORE

**WHAT IS EFT?* Member of a new class of energy therapies and techniques

a form of psychological acupressure using meridians of the body -

will collapse an identified problem and add a positive affirmation as well.

This combination of ingredients effects the energy system to restore balance.

Charlene Mary Pendola

Hypnotherapist

EFT –ADV

- March 13, 2009 Friday 7 pm to 9 pm \$30 per person

Norwich Holistic Health Center

300 Washington Street

Norwich, CT 06360

Call 860-889-0436 for more information

Reservation for **March 13, 2009** workshop:

Name: _____

Phone: _____

Email (optional) _____

Send Check or Money Order to:

Charlene Mary Pendola

52 Gager Road

Bozrah, CT. 06334

or **reserve on line** with **paypal or credit card** at:

www.ahhfreelife.com